



LEVEL 2 YOGA COURSE

EYS, Primary or Secondary

6 hours

To enable you to do this course, Level 1 must be completed

Building upon the concept of holistic development, in our Level 2 course, we will equip you to give your students a comprehensive set of tools and strategies that foster their overall growth, encompassing physical, mental, and emotional well-being.

By nurturing these aspects, we aim to empower our students to excel not only within the classroom but also in various facets of their lives outside of it.

Scheme of learning for all years with individual lesson plans.

PRICE

£899 or £150pp

